

Division of Long Term Supports and Services Bureau of Developmental Services

**Systems Work Waiver Work Group
2022
Jessica Gorton**



Therapy Services Summary

2

Thank you for your feedback on Therapy Services...

- Almost all services were identified as appropriate for both waivers.
- The services are presented here according to their average DD Waiver listing.
- Other therapies were identified as being potentially helpful (like art therapy or massage therapy). Would the group like to consider drafting a service definition for these other therapies?

DD Waiver

Individual and Family Supports
Waiver

Physical Therapy

Speech Therapy

Occupational Therapy



Blank Templates



Example Description – Habilitation Services based on NH State Plan

Service Type: Therapy

Alternative Service Title:

Service Definition:

The plan covers healthcare services that help children and adults keep, learn or improve skills and functioning for daily living.

These services include occupational, physical and speech therapies and other services for members with disabilities in a variety of outpatient settings. Examples include therapy for a child who is not walking or talking at the expected age, and therapy for an adult for purpose of maintaining muscle tone.

The plan covers outpatient physical therapy (PT), occupational therapy (OT) and speech therapy (ST) services limited to 20 visits per benefit year for each type of therapy. Benefit limits are shared between habilitation services and outpatient rehabilitation services. Services may be provided in your home, in the therapy provider's office, in a hospital outpatient department, or in a rehabilitation facility.



Occupational Therapy – MO Partnership for Hope Waiver

5

Service Type: Therapy

Alternative Service Title:

Service Definition:

Occupational therapy (OT) requires prescription by a physician and evaluation by a certified OT. The service includes evaluation, plan development, direct therapy, consultation and training of caretakers and others who work with the individual. A certified occupational therapeutic assistant (COTA) may provide direct therapy services under the supervision of an OT. It may also include therapeutic activities carried out by others under the direction of an OT or COTA. Examples are using adaptive equipment, proper positioning and therapeutic exercises in a variety of settings.

The services under the Partnership for Hope Waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

OT needs for the eligible person through EPSDT, as applicable, shall be accessed and utilized, in accordance with the requirement that state plan services must be exhausted before waiver services can be provided. OT services authorized through the waiver shall not duplicate state plan services.



Physical Therapy – MO Partnership for Hope Waiver

Service Type: Therapy

Alternative Service Title:

Service Definition:

Physical Therapy (PT) treats physical motor dysfunction through various modalities as prescribed by a physician and following a physical motor evaluation. It is provided to individuals who demonstrate developmental, habilitative or rehabilitative needs in acquiring skills for adaptive functioning at the highest possible level of independence.

PT requires a prescription by a physician and evaluation by a certified PT. The service includes evaluation, plan development, direct therapy, consultations and training of caretakers and others who work with the individual. A certified physical therapeutic assistant (CPTA) may provide direct therapy services under the supervision of a PT.

This services may include clinical consultation provided to individuals, parents, primary caregivers, and other programs or habilitation services providers.

A unit of service is 1/4 hour.

Therapies available to adults under the state plan are for rehabilitation needs only. Therapies in the waiver are above and beyond what the state plan provides. Therapies in the waiver are more habilitative in nature; habilitative therapy is not available under the state plan

PT needs for the eligible person through EPSDT, as applicable, shall be accessed and utilized, in accordance with the requirement that state plan services must be utilized before waiver services can be provided. PT services authorized through the waiver shall not duplicate state plan services. Children have access to EPSDT services. The services under the Partnership for Hope are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.



Speech Therapy – MO Partnership for Hope Waiver

| | |
|--|----------------------------|
| Service Type: Therapy | Alternative Service Title: |
| <p data-bbox="132 307 394 342">Service Definition:</p> <p data-bbox="132 378 2466 571">Speech Therapy (ST) is for individuals who have speech, language or hearing impairments. Services may be provided by a licensed speech language therapist or by a provisionally licensed speech therapist working with supervision from a licensed speech language therapist. The individual's need for this therapy must be determined in a speech/language evaluation conducted by a certified audiologist or a state certified speech therapist. The need for services must be identified in the support plan and prescribed by a physician. ST provides treatment for delayed speech, stuttering, spastic speech, aphasic disorders, and hearing disabilities requiring specialized auditory training, lip reading, signing or use of a hearing aid.</p> <p data-bbox="132 606 1923 649">Services may include consultation provided to families, other caretakers, and habilitation services providers. A unit of services is 1/4 hour.</p> <p data-bbox="132 685 2466 913">Waiver providers must be licensed by the State of Missouri as a Speech Therapist. The Medicaid Waiver enrolled provider may employ a person who holds a provisional license from the State of Missouri to practice speech-language pathology or audiology. Persons in their clinical fellowship may be issued a provisional license. Clinical fellowship is defined as the supervised professional employment period following completion of the academic and practicum requirements of an accredited training program. Provisional licenses are issued for one year. Within 12 months of issuance, the applicant must pass an exam promulgated or approved by the board and must complete the master's or doctoral degree from an institution accredited by the Council on Academic Accreditation of the American Speech-Language-Hearing Association in the area in which licensing is sought. Provisionally licensed speech therapists must receive periodic, routine supervision from their employer, a Medicaid waiver enrolled ST provider.</p> <p data-bbox="132 949 2466 1028">Therapies available to adults under the state plan are for rehabilitation needs only. Therapies in the waiver are above and beyond what the state plan provides. Therapies in the waiver are more habilitative in nature; habilitative therapy is not available under the state plan.</p> <p data-bbox="132 1063 2466 1256">The individual's need for this therapy must be determined in a speech/language evaluation conducted by a certified audiologist or a state certified speech therapist. Services must be required in the support plan and prescribed by a physician. This service may not be provided by a paraprofessional. Speech therapy needs for the eligible person through EPSDT, as applicable, shall first be accessed and utilized, in accordance with the requirement that state plan services must be utilized before waiver services can be provided. ST services authorized through the waiver shall not duplicate state plan services. Children have access to EPSDT services. The services under the Partnership for Hope are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.</p> | |

